



# Star International Academy-George

## October 2024 K-2nd Breakfast Menu



**All Meats & Poultry are HALAL**

- OCT 2nd: Count Day
- Oct 11TH: Half Day for students and Staff
- Oct 31st: Half Day for Students and Staff

This institution is an equal opportunity Provider

Milk Choice of 1% Chocolate or Strawberry, & FF or 1 % White served with each lunch & breakfast



**SECOND CHOICE VARIETY OCEREAL AVAILABLE EVERY DAY**

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

How was your lunch Today??? Drop us a note let us know !!! Suggestions are Welcome !!!



If you need any further information, Please contact- Mrs. Maissa Jordan at 3137248060

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>magic breakfast</b> fuel for learning	1 Cheese & Zaatar pie Fruit/Juice Milk	2 <b>COUNT Day!!</b> Mufin Fruit/juice Milk	3 Variety of Cereal Fruit/Juice Milk	4 <b>Hot Breakfast</b> Fruit/Juice Milk
	7 Yogurt/Cracker Fruit/Juice Milk	8 Cheese & Zaatar pie Fruit/Juice Milk	9 Mufin Fruit/juice Milk	11 <b>Hot Breakfast</b> Fruit/Juice Milk
14 Breakfast Bar Fruit/Juice Milk	15 Cheese & Zaatar pie Fruit/Juice Milk	16 Mufin Fruit/juice Milk	17 Variety of Cereal Fruit/Juice Milk	18 <b>Hot Breakfast</b> Fruit/Juice <i>Milk</i>
21 Croissant Fruit/Juice Milk	22 Cheese & Zaatar pie Fruit/Juice Milk	23 Mufin Fruit/juice Milk	24 Variety of Cereal Fruit/Juice Milk	25 <b>Hot Breakfast</b> Fruit/Juice <i>Milk</i>
28 Donut Fruit/Juice <b>Milk</b>	29 Cheese & Zaatar pie Fruit/Juice Milk	30 Mufin Fruit/juice Milk	31 Variety of Cereal Fruit/Juice Milk	

### Pumpkin season

Pumpkin is full of fiber and beta-carotene, which provides its vibrant orange color. Beta-carotene converts into vitamin A in the body, which is great for your skin and eyes.

