

Star International Academy-George

October 2024 K-2nd Breakfast Menu



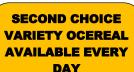
All Meats & Poultry are HALAL

- · OCT 2nd:Count Day
- · Oct 11TH :Half Day for students and Stat
- · Oct 31st: Half Day for Students and Staff

This institution is an equal opportunity Provider

Milk Choice of 1% Chocolate or Strawberry, & FF or 1 % White served with each lunch & breakfast





MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

How was your lunch Today??? Drop us a note let us know !!! Suggestions are Welcome !!!



If you need any further Information, Please contact-Mrs.Maissa Jordan at 3137248060

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
nff	magic breakfast fuel for learning	1 Cheese & Zaatar pie Fruit/Juice Milk	COUNT Day!! Mufin Fruit/juice Milk	3 Variety of Cereal Fruit/Juice Milk	Hot Breakfast Fruit/Juice Milk
al	7 Yogurt/Cracker Fruit/Juice Milk	8 Cheese & Zaatar pie Fruit/Juice Milk	9 Mufin Fruit/juice Milk	Variety of Cereal Fruit/Juice Milk	Hot Breakfast Fruit/Juice Milk
	14	15	16	17	18
	Breakfast Bar	Cheese & Zaatar pie	Mufin	Variety of Cereal	Hot Breakfast
	Fruit/Juice	Fruit/Juice	Fruit/juice	Fruit/Juice	Fruit/Juice
	Milk	Milk	Milk	Milk	Milk
	21 Croissant	Cheese & Zaatar pie Fruit/Juice	23 Mufin	24 Variety of Cereal Fruit/Juice	25 Hot Breakfast
	Fruit/Juice		Fruit/juice		Fruit/Juice
	Milk	Milk	Milk	Milk	Milk
	28	29	30	31	
	Donut	Cheese & Zaatar pie	Mufin	Variety of Cereal	
-	Fruit/Juice	Fruit/Juice	Fruit/juice	Fruit/Juice	
	Milk	Milk	Milk	Milk	

Pumpkin season

Pumpkin is full of fiber and beta-carotene, which provides its vibrant orange color. Beta-carotene converts into vitamin A in the body, which is great for your skin and eyes.