



Star International Academy -George

June 2024, K-2nd Grade Lunch Menu



GEORGE NEWS

June 7th;
Pre-K student only-Last Day

June 14-21-
No school for pre-K students- Homevisits follow up

June 14TH:
Half Day for all students only. Last Day

This institution is an equal opportunity Provider and Employer

Milk Choice of *Fat Free Chocolate*

Low Fat White served with each lunch & breakfast




All Meats & Poultry are **HALAL**

THIS MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

2nd Choice:
Soy Butter & Jelly
Crackers & Cheese
Yogurt & cereal Bar

If you need any further information, Please contact-at
Maissaa Jordan
(313)724-8060

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Mac & Cheese Bread stick Broccoli Fruit Milk Ranch	4 Hot dog W.G Bun Mixed vegetables Fruit Vegetables Ketchup	5 Dominos smart slice carrot/leaumes Fruit Milk Ranch	6 Chicken Nuggets Dinner roll Smiley Fries Fruit Milk Ketchup/BBQ	7 Half Day No Lunch Breakfast only LAST DAY FOR PRE-K Student Only
10 Chef's Choice Cherry Tomatoes celery Fruit Milk Ketchup	11 Chef's Choice Broccoli Corn Fruit Milk Ranch	12 Dominos Smart Slice Legumes Red orange Sauce Fruit Milk	13 Chef's Choice Mixed vegetables Fruit Milk 	14 Half Day No Lunch Breakfast only Last Day Of School
17	18	19	20	21
HAVE A SAFE & FUN SUMMER BREAK!				
23	24	25	27	28

Tips to keep your child healthy this summer

Hydration is always an essential component of health for your child. As temperatures rise and kids are increasing their activity levels, the focus on hydration should be heightened during the summer. There are a lot of recommendations for how much water one should drink, but a simple rule to follow is to drink no less than half your body weight in ounces of water per day (ex: if your child weighs 100 lbs, they should drink at least 50 oz. of water each day). The more active they are, the more they need to rehydrate!