

MARCH 2025 K-8 BREAKFAST MENU



Cereal Choices Trix Bowl & Bar Chocolate	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
Coco Puffs Coco Bar Strawberry	3 *********	4 ******	5 ional School Breakfast W		7
Froot Loops Cinn. Toast Cheerios Mix Frosted Flakes Yogurt	Cereal Bowl/Crackers Muffin Breakfast Bar Fruit, Juice, Milk	Cereal Bowl/Crackers Muffin Donuts Fruit, Juice, Milk	Egg & Cheese in a Biscuit Fruit, Juice, Milk		Cereal Bowl/Crackers Muffin Fruit, Juice, Milk
This institution is an equal opportunity Provider and	10	11		13	14
Employer All Meals are served With 100% Juice and Fruit (fresh, Canned, Dried, or Frozen) Students <u>MUST</u> take Fruit and/or Juice with their meal	Cereal Bowl/Crackers Muffin Breakfast Bar Fruit, Juice, Milk	Cereal Bowl/Crackers Muffin Donuts Fruit, Juice, Milk	Egg & Cheese in a Biscuit Fruit, Juice, Milk	Cheese Pie Zaatar Pie Meat Pie Fruit, Juice, Milk Cereal Bowl/Crackers	Cereal Bowl/Crackers Muffin Fruit, Juice, Milk
Milk Choice of 1% Chocolate	17	18	19 Egg & Cheese in a Biscuit	20	21
or Strawberry, & FF or 1% White BREAKFAST PRICES FREE FOR ALL STUDENTS Additional Breakfast Meal may be purchased at	Cereal Bowl/Crackers Muffin Breakfast Bar Fruit, Juice, Milk REAC	Cereal Bowl/Crackers Muffin Donuts Fruit, Juice, Milk	Fruit, Juice, Milk	Cheese Pie Zaatar Pie Meat Pie Fruit, Juice, Milk Cereal Bowl/Crackers	Cereal Bowl/Crackers Muffin Fruit, Juice, Milk
A la Carte price. Breakfast Served M-F 7:30AM-7:45AM MENU IS SUBJECT TO CHANGE WITHOUT NOTICE	SP		3B	REA	28
Let us hear from you How was your breakfast today ? Suggestions are welcome!!! If you need any further information, Please contact Mrs. Fatme Saleh at (734) 331-3081	31 SCHOOL Cultural Diversity	1-Apr Cereal Bowl/Crackers Muffin Donuts Fruit, Juice, Milk	2-Apr Egg & Cheese in a Biscuit Fruit, Juice, Milk	3-Apr Cheese Pie Zaatar Pie Meat Pie Fruit, Juice, Milk Cereal Bowl/Crackers	4-Apr Cereal Bowl/Crackers Muffin

YOU MUST TAKE FRUITS AND/OR JUICE

CHOOSE AT LEAST 3 ITEMS INCLUDING A FRUIT/JUICE TO RECEIVE THE REIMBURSABLE FREE BREAKFAST!!!

Nutritionists advice

breakfast should be eaten within two hours of waking. A healthy breakfast should provide calories in the range of 20-35% of your guideline daily allowance (GDA).